

2026 Water Sports Centre Training Course (May - Jun)

Timetable

Course	Date	Online Enrollment Date	Time	Fee	Deadline	Quota
Kayak 1 Star Award Training Course (1 day)	1. 9 May (Sat) (K2) 2. 30 May (Sat) (K3) 3. 31 May (Sun) (K4)	24 Apr (Fri) to 27 Apr (Mon) (K2 – K6 & W3) ***** 8 May (Fri) To 11 May (Mon) (S3 & W4)	9:00a.m. to 5:00p.m.	Student \$210 (\$120 Course fee + \$90 deposit) Staff / Staff Dependents \$270 Alumni / Guest \$360	20 days before the course start	8
Kayak 2 Star Award Training Course (1 day)	6 Jun (Sat) (K5)					
Kayak 3 Star Award Training Course (1 day)	7 Jun (Sun) (K6)					
Basic Windsurfing Training Course (2-day course)	1. 23-24 May (Sat & Sun) (W3) 2. 27-28 Jun (Sat & Sun) (W4)			Student \$630 (\$430 Course fee + \$200 deposit) Staff / Staff Dependents \$700 Alumni / Guest \$740		5
Introduction to Sailing Training Course (Level 1) (2-day course)	20-21 Jun (Sat & Sun) (S3)			Student \$680 (\$480 Course fee + \$200 deposit) Staff / Staff Dependents \$740 Alumni \$850 Guest \$950		6

The Centre also offer tailor-made package training courses to meet specific requirements of organizations and group. Please Call **2603-6776** (Office)

Enrollment Notice

Online Enrollment : **Online enrollment can be accepted on a first-come-first-served basis until the course quota is full.** The course fee of the successful applicants MUST be settled by cash at the Inquiry Counter of the University Sports Centre during office hours (Mon. to Fri. 9:00a.m.-5:00p.m.) on a specified date to confirm the enrolment. <https://webapp.itsc.cuhk.edu.hk/ras/restricted/eventlist?id=73>

Eligibility : **Participants should be full-time students, staff of CUHK and staff dependents.**



Remarks :

1. **Participants are required the ability to swim 50 meters with clothes and life jacket. (Water test may be required on 1st day.)**
2. **All water sports courses require participants to meet a minimum level of physical fitness.**
3. **Language: Cantonese supplemented with English.**
4. **No application for a refund (including for illness), change of program or making substitution is allowed after enrollment (Bad Weather, Lack of Participants and Centre announced to cancel excluded).**

5.	When participating Kayak 2 Star Award or above level, participants MUST be required to show the related certification. If not, centre may not accept the enrollment.
6.	Participants must be at least 14 years of age; Participants under the age of 18 must obtain parent / guardian / authorized person signed and agreed; Participants under the age of 16 must be parent / guardian / authorized person accompanied. Parents / guardians / authorized person must be 18 years of age.
7.	Course fee included instructor fee and equipment only. Certificate will be issued to participants who have successfully completed the course; certificate with logbook for kayak is \$45, windsurfing is \$30 and sailing is \$55/\$115.
8.	On the course day, participants will be gathered at Water Sports Centre. Swimsuit, long sleeves shirt, and a pair of sports shoes (Close toe and heel) that will be used in water and lunch needed to be prepared by self.
9.	The course will be cancelled upon insufficient enrollment. The involved participants will be notified by email individually.
10.	Physical Education Unit will subsidize STUDENT with 100% attendance in Kayaking Training (\$90), Sailing and Windsurfing Training (\$200). Subsidize will be refunded after the course except abstention.
11.	For enquiries, please call Water Sports Centre at 2603-6776 or Physical Education Unit at 3943-6097.