

Introduction of Physical Education(PE) Courses

Required PE Courses Requirements

- All full-time undergraduates are required to take one unit of PE course in the first and second terms respectively during their **first year of attendance (TWO units in total) except for Exercise Science and Health Education Majors and Physical Education, Exercise Science and Health Majors**;
- Students admitted with **Advanced Standing (AS)** and students admitted to **senior-year places (AD/HD)** are required to complete **one unit** of PE course either in the first **or** the second term during their **first year of attendance**;
- Students under Dual Degree Programme should take the required Physical Education according to the regulations of their departments.
- Students **cannot** take the **same course twice**, for example students enrolled in volleyball course in the first term are not allowed to take the volleyball course in the second term.

Tips for Enrolling Required PE Courses

- All new students (except AD/HD/AS) will be pre-assigned a dummy PHED1000 course (1 unit) under CUSIS before course registration in the **first and second terms** respectively during their first year of attendance. They are only allowed to swap the course from a PHED1000 under CUSIS, no add or drop is allowed;
- AD/HD/AS students could put ONE required PE course into the shopping cart each time, and can add or drop PHED course under CUSIS in the **first term**. In the **second term**, a dummy PHED1000 course will be pre-assigned to them if they have not enrolled any required PE course in the first term. They are only allowed to swap PHED course under CUSIS, no add or drop is allowed.

Course Registration for 1st Term Courses for New Full-time Undergraduates

- 29th August (from 10am [AD/HD/AS students] / 11am [Other new students] to 10pm) via CUSIS.

Special Arrangements for Medicine Senior-year Entrants

- Medicine or Nursing senior-year entrants should enroll in courses offered for them, i.e. course code with the alphabet M (e.g. PHED1018MA).

Assigning PE Courses

- Students who have not registered a required PE course (those with PHED1000) after the course registration period would be randomly assigned a required PE course;
- Students could check the assigned course on 31st August on CUSIS;
- Students who cannot enroll in any required PE course and have NOT been assigned any PE course after course registration period will receive an email reminder from the PE Unit to attend the Supplementary Course Selection.

Supplementary Course Selection is offered to:

- Students who cannot enroll for any required PE course and have NOT been assigned any PE course after course registration period (these students will **receive an email reminder from the PE Unit**), or
- Students with a **computer assigned PE course** which has **time clashes with major courses** (please submit the relevant proof from your major department), or
- Students who are **not suitable to take the PE course** due to **medical or personal reasons** (please submit the medical certificate, if appropriate).
- **Date & Time** : 1st September (Fri), 9:30am-11:00am
- **Venue** : University Sports Centre

Elective PE Courses Requirements

- For students who are interested in taking more PE courses apart from the required PE courses;
- Students **cannot** use the units earned in the elective courses to **replace the units of required courses**;
- The class section code of the elective courses contains alphabet "X", eg. PHED 1066X and PHED 1100XA;
- Courses offered: Yoga, Woodball, Tai Chi, Taekwondo, Cycling and Fitness, Hip-hop Dance, Golf, Intermediate Basketball, Intermediate Table Tennis etc.;
- Students who wish to enroll in Intermediate PE courses must pass the screening test in the first lesson;
- Each student can only take **one** elective course **in a term**;
- Students **cannot** take the **same course twice**.

Tips for Enrolling Elective PE Courses

- While registering the PE courses under CUSIS, students could **only put ONE elective PE course** into the shopping cart each time. If the course chosen could not be registered for some reasons (e.g. full quota), students have to put another elective PE course into the shopping cart and repeat the registration procedures.

PE Uniform

- T-shirt : \$45
- Shorts : \$39 (Optional)
- Sales of PE uniform at CUHK (**3 days only**):

Date	15 Aug (Tue)	22 Aug (Tue)	1 Sep (Fri)	If typhoon signal no. 8 or above or the black rainstorm warning signal is hoisted, the sale of PE uniform will be postponed.
Time	9:00am-5:00pm	9:00am-5:00pm	9:00am-12:00nn	
Venue	University Sports Centre	University Sports Centre	University Sports Centre	
Reserve Day	16 Aug (Wed)	23 Aug (Wed)	2 Sep (Sat)	The venue and time will remain unchanged.

The website of PE Unit:
<http://www.peu.cuhk.edu.hk/>

