

SHHO College Sports Teams Tryouts (1st term, 2025-2026)

2025-2026 上學期善衡書院院隊選拔時間表

Sports Team	Date	Time	Venue	Coach/ Coordinator Tel. No.
Women's Basketball	Sept., 13 (Sat)	9:00 – 11:00 a.m.	Yeung Ming Biu Indoor Sports Centre	Mr. Y. K. Cheung 3943 1446
Men's Basketball	Sept., 13 (Sat)	9:00 – 11:00 a.m.	Yeung Ming Biu Indoor Sports Centre	Mr. Y. K. Cheung 3943 1446
Men's Soccer	Sept., 9 (Tue)	8:00 – 10:00 p.m.	Lingnan Stadium and Soccer Pitch	Mr. Y. K. Cheung 3943 1446
Men's Volleyball	Sept., 12 (Fri)	11:30 – 1:30 p.m.	Yeung Ming Biu Indoor Sports Centre	Mr. T. C. Wu 3943 1473
Women's Volleyball	Sept., 12 (Fri)	11:30 – 1:30 p.m.	Yeung Ming Biu Indoor Sports Centre	Mr. T. C. Wu 3943 1473
Men's & Women's Swimming	Sept., 3 (Wed)	6:00 – 8:00 p.m.	University Swimming Pool	Mr. T. C. Wu 3943 1473
	Sept., 5 (Fri)	6:00 – 8:00 p.m.		
Men's & Women's Athletic	By Contact		Grand Stand, Sir Philip Haddon-Cave Sports Field (HCF)	Mr. Y. K. Cheung 3943 1446
Men's Rowing	Sept., 24 (Wed) or Sept., 25 (Thu)	6:00 – 8:00 p.m.		Mr. Y. K. Cheung 3943 1446
Women's Rowing	Sept., 24 (Wed) or Sept., 25 (Thu)	6:00 – 8:00 p.m.	Grand Stand, Sir Philip Haddon-Cave Sports Field (HCF)	Mr. Y. K. Cheung 3943 1446