

體育必修課程考試練習場地 Required Physical Education Programme Pre- exam Practice Venue

日期：2025年10月27日至11月27日 Within Period: From 27 October to 28 November, 2025

Item	目的 Purpose	地點 Venue	日期 Date	時間 Time
1	網球課練習 Tennis Lesson Practice	中大網球場 3號至5號場 CU Tennis Court No. 3 to 5	星期五 (Friday)	12:00 pm-4:00 pm
2		中大網球場 6至7號場 CU Tennis Court No. 6 to 7	星期二 (Tuesday)	9:45 am-12:45 pm
			星期四 (Thursday)	9:45 am-12:45 pm
3	壁球課練習 Squash Lesson Practice	中大壁球場 1至3號場 CU Squash Court No. 1 to 3	星期五 (Friday)	1:30 pm-5:15 pm
		中大壁球場 3至5號場 CU Squash Court No. 3 to 5	星期六 (Saturday)	9:45 am-12:45 pm
		中大壁球場 1至3號場 CU Squash Court No. 1 to 3	星期三 (Wendenday)	4:30 pm-6:45 pm
4	羽毛球課練習 Badminton Lesson Practice	體育中心楊明標室內體育館 中大羽毛球場1至5號場 CU Badminton Court No. 1 to 5, Yeung Ming Biu Indoor Sports Centre, University Sports Centre	星期五 (Friday expect 21/11/25)	12:00 pm-4:00 pm
			星期四 (Thursday)	5:00 pm-7:00 pm
5	籃球課練習 Basketball Lesson Practice	新亞書院梁英偉體育館 Charles Leung Gymnasium, New Asia College	逢星期二, 四 Every Tuesday & Thursday (除了11月6日 Except 6 Nov 2025)	4:30pm - 6:30pm
6	乒乓球課練習 Table Tennis Lesson Practice	聯合書院張煊昌體育館 Thomas H.C. Cheung Gymnasium, United College	星期一 (Monday)	4:30 pm - 6:00 pm
			星期二 (Tuesday)	4:30 pm - 6:00 pm
7	乒乓球課練習 Table Tennis Lesson Practice	逸夫書院室內體育及多用途館 Indoor Multi-Purpose Sports Hall, Shaw College	星期二及星期四 Tuesday & Thursday 2025年11月4日11日18日20日25日27日 (4,11,18,20,25 & 27 Nov, 2025) **6日**13日(6 & 13Nov)**	Tuesday & Thursday 19:00pm - 21:00pm **6Nov 1700 - 1900** **13Nov 1700 - 1900**

Item	目的 Purpose	地點 Venue	日期 Date	時間 Time
8	手球課練習 Handball Lesson Practice	聯合書院張煊昌體育館 Thomas H.C. Cheung Gymnasium, United College Women's Handball ONLY	星期二 (Tuesday)	4:30 pm - 5:45 pm
			星期四 (Thursday)	4:30 pm - 5:45 pm
9		崇基學院嶺南運動場 Lingnan Stadium, Chung Chi College Men's Handball ONLY	星期二及星期四 Tuesday & Thursday	6:00 pm-8:00 pm
10	壘球課練習 Softball Lesson Practice	崇基學院嶺南運動場 Lingnan Stadium, Chung Chi College	星期二及星期四 Tuesday & Thursday	6:00pm - 7:30pm
11	排球課練習 Volleyball Lesson Practice	聯合書院張煊昌體育館 Thomas H.C. Cheung Gymnasium, United College	星期一 (Monday)	4:30 pm - 5:45 pm
			星期五 31 Oct (Friday), 07 Nov (Friday) and 21 Nov (Friday)	11:30 am - 12:45 pm

For items 1 to 4, student needs to show and leave the CU link card to the University Sports Centre Counter to borrow the related racket and tennis balls.

For item 5, student needs to show and leave the CU link card to the Charles Leung Gymnasium, New Asia College Counter to borrow the basketball.

For items 6,8,11 student needs to show the CU link card to the Thomas H.C. Cheung Gymnasium, United College Counter to borrow the table tennis ball & racket, handball, or volleyball.

For item 7, student needs to show and leave the CU link card to the Shaw College Multi Purpose Hall Counter to borrow the table tennis ball and table tennis racket.

For item 9,10 student needs to show the CU link card to the Lingnan Stadium, Chung Chi College Counter to borrow the handball, or softball & bat.