

體育必修課程考試練習場地 Required Physical Education Programme Pre-exam Practice Venue

日期：2024年10月28日至11月29日 Within Period: From 28 October to 29 November, 2024

Item	目的 Purpose	地點 Venue	日期 Date	時間 Time
1	網球課練習 Tennis Lesson Practice	中大網球場 4號至5號場 CU Tennis Court No. 4 to 5	逢星期三 Every Wednesday	5:00pm-6:00pm
			逢星期五 Every Friday	12:00nn-4:00pm
2		中大網球場 6至7號場 CU Tennis Court No. 6 to 7	逢星期一 Every Monday	9:45am-12:45pm
			逢星期四 Every Thursday	3:45pm-5:45pm
3	壁球課練習 Squash Lesson Practice	中大壁球場 1至3號場 CU Squash Court No. 1 to 3	逢星期三 Every Wednesday	4:30pm-6:45pm
		中大壁球場 3至5號場 CU Squash Court No. 3 to 5	逢星期五 Every Friday	3:45pm-6:00pm
		中大壁球場 1至2號場 CU Squash Court No. 1 to 2	逢星期六 Every Saturday	9:45am-12:45pm
4	羽毛球課練習 Badminton Lesson Practice	體育中心楊明標室內體育館 中大羽毛球場1至5號場 CU Badminton Court No. 1 to 5, Yeung Ming Biu Indoor Sports Centre, University Sports Centre	逢星期二 Every Tuesday (10月29號除外 Except 29 October)	4:30pm-7:00pm
			逢星期五 Every Friday	1:45pm-4:45pm
5	籃球課練習 Basketball Lesson Practice	體育中心楊明標室內體育館 籃球場 CU Basketball Court, Yeung Ming Biu Indoor Sports Centre, University Sports Centre	逢星期五 Every Friday	11:45am-1:15pm
		新亞書院梁英偉體育館 Charles Leung Gymnasium, New Asia College	逢星期二、四 Every Tuesday & Thursday (10月29號除外 Except 29 October)	4:30pm-6:30pm

Item	目的 Purpose	地點 Venue	日期 Date	時間 Time
6	乒乓球課練習 Table Tennis Lesson Practice	聯合書院張煊昌體育館乒乓球室 Table Tennis Room, Thomas H.C. Cheung Gymnasium, United College	逢星期一 Every Monday	4:30pm - 6:00pm
			逢星期二 Every Tuesday	4:30pm - 6:00pm
7	乒乓球課練習 Table Tennis Lesson Practice	逸夫書院室內體育及 多用途館 Indoor Multi-Purpose Sports Hall, Shaw College	逢星期二及星期四 Every Tuesday & Thursday (11月14號, 19號及21號除外 Except 14, 19 & 21 November)	7:00pm-10:00pm
8	手球課練習 (只供女子手球) Handball Lesson Practice (For Women Handball only)	聯合書院張煊昌體育館 Thomas H.C.Cheung Gymnasium, United College	逢星期二 Every Tuesday	4:30pm - 6:00pm
			逢星期四 Every Thursday	10:30am - 12:00nn
9	排球課練習 Volleyball Lesson Practice	聯合書院張煊昌體育館 Thomas H.C.Cheung Gymnasium, United College	逢星期一 Every Monday	4:30pm - 5:45pm
			逢星期四 Every Thursday	4:30pm - 5:45pm

For items 1 to 4, student needs to show and leave the CU link card to the University Sports Centre Counter to borrow the related racket and tennis balls.

For item 5, student needs to show and leave the CU link card to the Charles Leung Gymnasium, New Asia College Counter to borrow the basketball.

New Asia College Counter to borrow the basketball.

For items 6,8, 9 student needs to show the CU link card to the Thomas H.C. Cheung Gymnasium, United College Counter Counter to borrow the table tennis & racket, handball or volleyball.

For item 7, student needs to show and leave the CU link card to the Shaw College Multi Purpose Hall Counter to borrow the table tennis and table tennis racket
New Asia College Counter to borrow the basketball.