

2020-2021 Summer Sports Program

Course	Event		Section	Quota	Hours	Total Hrs.	Course Period	Days	Course Time	Course Venue	Fees	Lecturer
	Course Code	Course Title										
Staff & Students Courses	TNE1_SS	Tennis (Intermediate)	M/F	12	6	12	17, 18, 20, 24, 25, 27/5	Mon, Tue, Thur	18:00-20:00	3,4,5 University Tennis Court	Students\$80 Staff\$200	Mr. Wong OT
	TNE2_SS	Tennis (Elementary)	M/F	12	6	12	4, 7, 9, 11, 16, 18/6	Mon, Wed, Fri	18:00-20:00	3,4,5 University Tennis Court	Students\$80 Staff\$200	Mr. Li CL
	WDB_SS	Woodball	M/F	12	6	12	17, 21, 24, 26, 28, 31/5	Mon, Wed, Fri	18:00-20:00	HCF Lawn Area	Students\$80 Staff\$200	Mr. Tang TM
	TCH_SS	Tai Chi (Elementary)	M/F	15	6	12	7, 9, 11, 16, 18, 21/6	Mon, Wed, Fri	18:00-20:00	Sports Center Table Tennis Room	Students\$80 Staff\$200	Dr. Lau KO
	TTI_SS	Table Tennis (Intermediate)	M/F	14	6	12	16, 18, 21, 23, 25, 28/6	Mon, Wed, Fri	18:00-20:00	Shaw College Multi-Purpose Sports Hall	Students\$80 Staff\$200	Mr. Yuen PY
	KRO_SS	Karate (Elementary)	M/F	16	6	12	8, 10, 15, 17, 22, 24/6	Tue, Thur	18:00-20:00	Sports Center Table Tennis Room	Students\$80 Staff\$200	Ms. Ma MS
	FWT1_SS	*Free Weight Training Class	M/F	15	8	12	22, 25, 29/6; 2, 6, 9, 13, 16/7	Tue, Fri	18:00-19:30	CU Fitness Center	Students\$80 Staff\$200	Mr. Cheung YK

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HF1_SS	⊕ Fitness Room User Certificate Class A	M/F	15	2	4	7, 8/6	Mon, Tue	18:00-20:00	CU Fitness Center	Students\$50 Staff\$100	Mr. Lee SF
HF2_SS	⊕ Fitness Room User Certificate Class B	M/F	15	2	4	10, 11/6	Thur, Fri	18:00-20:00	CU Fitness Center	Students\$50 Staff\$100	Mr. Lee SF
HF3_SS	⊕ Fitness Room User Certificate Class C	M/F	15	2	4	15, 16/6	Tue, Wed	18:00-20:00	CU Fitness Center	Students\$50 Staff\$100	Mr. Lee SF
SD1_SS	# Scuba Diving A	M/F	12	4	14	31/5; 1/6, 2/6	Mon (Lecture) Tue, Wed	09:00 – 17:00 10:30-13:30	Sports Center CU SW. Pool	Student \$100 staff\$250	Mr. Cheng YC
SD2_SS	# Scuba Diving B	M/F	12	4	16	31/5; 1/6, 2/6	Mon (Lecture) Tue, Wed	09:00 – 17:00 14:30 – 18:30	Sports Center CU SW. Pool	Student \$100 staff\$250	Mr. Cheng YC
SWM_SS	Swimming	M/F	12	6	12	18, 20, 25, 26, 27/5; 1/6	Tue, Wed, Thur	17:00-19:00	CU Swimming Pool	Students\$80 Staff\$200	Mr. Wu TC

* Prerequisite of Fitness Room User Certificate/Card is needed.

⊕ Fitness Room User Certificate will be issued upon completion of the course.

Δ Participants for intermediate course are expected to have taken elementary course before.

Participants need to pay for your own pool entry fee.