

2018-2019 Summer Sports Programme

| Course Type | Event | | Section | Quota | Hours | Total hrs. | Course Period | Days | Course Time | Course Venue | Course Fee |
|-----------------|-------------|-----------------------------|---------|-------|-------|------------|-----------------------------|--------------------|-------------|--------------------------------|------------|
| | Course Code | Course Title | | | | | | | | | |
| Student Courses | BAD_SD | Badminton | M/F | Full | 8 | 16 | 3/6 - 21/6 (except 7/6) | Mon, Wed, Fri | 10:00—12:00 | YMB Indoor Sports Centre | \$100 |
| | BKI_SD | Δ Basketball (Intermediate) | M/F | 16 | 8 | 16 | 3/6 - 17/6 (except 7/6) | Mon, Tue, Thu, Fri | 14:00—16:00 | YMB Indoor Sports Centre | \$100 |
| | FEN_SD | Fencing | M/F | 16 | 7 | 14 | 26/6 - 12/7 (except 1/7) | Mon, Wed, Fri | 10:00—12:00 | UC GYM | \$300 |
| | FFW_SD | Fitness (Free Weight) | M/F | Full | 8 | 16 | 4/6 - 27/6 | Tue, Thu | 15:00—17:00 | CU Fitness Room | \$100 |
| | SWE1_SD | #Swimming (Elementary) I | M/F | 20 | 8 | 16 | 3/6 - 13/6 | Mon, Tue, Wed, Thu | 15:00—17:00 | Swimming Pool | \$100 |
| | SWE2_SD | #Swimming (Elementary) II | M/F | 20 | 8 | 16 | 17/6 - 27/6 | Mon, Tue, Wed, Thu | 10:30—12:00 | Swimming Pool | \$100 |
| | SQE1_SD | Squash (Elementary) I | M/F | 18 | 8 | 16 | 3/6 - 21/6 (except 7/6) | Mon, Wed, Fri | 10:00—12:00 | Kwok Sports Building | \$100 |
| | SQE2_SD | Squash (Elementary) II | M/F | 18 | 8 | 16 | 17/6 - 28/6 | Mon, Tue, Thu, Fri | 14:00—16:00 | Kwok Sports Building | \$100 |
| | TBX_SD | Thai Boxing | M/F | Full | 8 | 12 | 27/5 - 20/6 | Mon, Thu | 17:00—18:30 | YMB Indoor Sports Centre | \$300 |
| | TTE_SD | Table tennis (Elementary) | M/F | 18 | 4 | 8 | 4/6 - 12/6 | Tue, Wed | 10:00—12:00 | United College Table tennis Rm | \$100 |

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| Student Courses | WC_SD | ● Wild Camp Canoeing | M/F | 24 | - | - | 29/7 – 30/7 | Mon, Tue | 09:00(29/7) – 17:00(30/7) | Sai Kung | \$600 |
| | YOG_SD | @Yoga Elementary | M/F | 18 | 4 | 8 | 18/6 - 21/6 | Tue, Wed, Thu, Fri | 14:00 – 16:00 | Sports Center Table tennis Rm | \$100 |

- # Swimming Pool entrance fee should be paid by the staff and students on their own when attending the courses at the swimming pool
- Δ Participants for improver course are expected to have taken elementary course before.
- @ Participants for Yoga course should bring along their own Yoga mats during the course.
- The course fee is \$1800, each participant will be subsidized \$1200 by PEU. The camp will have training like orienteering, wild cooking, canoeing, etc. The canoeing certificate will be issued after finishing the course and the certificate fee is \$50.