

「體育科」修讀簡介

「體育必修科」修讀簡介

- 下列學生**豁免**修讀：
 - 主修運動科學與健康教育 / 健康與體育運動科學。
- 下列學生於**首年上或下**學期修讀**1學分**：
 - 按認可學歷(Advanced Standing)入讀第一年級學士學位課程學生；
 - 持副學士／高級文憑(AD/HD)入讀高年級學生。
- 其他一年級學生：
 - 於**首修業年上**、下學期各修讀**1學分**，共修讀**2學分**之體育必修科；
 - 學生於上、下學期**不得修讀同一項目**，如上學期已修讀排球，下學期則不可再次修讀該科。

選科策略(體育必修科)

- 所有全日制本科生於首修業年上、下學期，已在 CUSIS 系統內獲預留各一學分修讀體育必修科，並顯示為虛擬科目 **PHED1000**。學生於選課時須利用 CUSIS 系統內之「**交換**」(swap)功能作出科目改選，而不能選用「加選」或「退選」功能；
- 按認可學歷入學學生(AS)及高年級入學學生(AD/HD)可於第一學期選用「加選」或「退選」功能，每次只能把**一個體育必修科目**放到 shopping cart。如果學生在上學期未修讀體育必修科，下學期於 CUSIS 系統內將獲預留一學分修讀體育必修科(PHED1000)，學生於選課時須利用 CUSIS 系統內之「交換」(swap)功能作出科目改選，而不能選用「加選」或「退選」功能。

新生「體育必修科」選課日期及時間

- 8月31日(上午10:00[AD/HD/AS學生]/11:00[其餘新生])至晚上10:00)於網上CUSIS選課，至額滿為止。

醫學院高年級入學學生特別安排

- 修讀醫學及護理學的高年級入學學生應選擇專為他們開設的體育必修科，該等科目組別編號其中一個英文字為M(例：PHED1018MA)。

電腦編配體育課(體育必修科)

- 所有於網上選課期後仍未選課之學生(科目顯示為**PHED1000**者)將獲電腦系統**隨機編配體育課**；
- 獲派體育課的同學可在9月2日於CUSIS查閱獲派科目；
- 未獲系統分配體育課的同學將收到電郵提示出席補選日。

補選日

以下學生可於「補選日」到大學體育中心選課：

- 未獲系統分配體育必修科的同學(收到電郵提示者)；
- 獲派科目與主修科目時間有衝突(必須出示學系提供之證明)；
- 因**健康**等理由未能修讀合適之體育必修科者(必須出示醫生或有關證明文件)。
 - 日期及時間：9月3日(星期五)，上午9:30 – 上午11:00
 - 地點：大學體育中心

「體育選修科」修讀簡介

- 為有興趣修讀體育必修科以外體育科目之學生而設；
- 學生**不得**以體育選修科之學分**取代體育必修科**之學分；
- 體育選修科的科目組別編號其中一個英文字為**X**，如：PHED1066**X**、PHED1100**X**A；
- 選修科目：瑜伽、射箭、活木球、太極拳、跆拳道、中級籃球、中級乒乓球等；
- 學生如欲修讀中級體育課程，必須通過首堂進行的甄選測試；
- 學生**每學期**只可選修其中一個選修科目；
- 學生**不可重修**同一體育選修科目。

選科策略(體育選修科)

- 學生每次只能把一個**體育選修科目**放到 shopping cart，但應在選課日期前準備多科與本身時間表並無衝突的體育科目編號，若第一選擇因額滿而落空時，便把第二選擇的體育科放到 shopping cart。

購買體育服裝

- 價錢：上衣 \$43；
短褲 \$37(可選購)
- 供應商在校內售賣制服時間(只有三天)：

日期	24/8 日 (二)	27/8 日 (五)	3/9 日 (五)	如遇黑雨、八號或以上颱風，該天售賣制服將會延遲舉行
時間	9:00am-5:00pm	9:00am-5:00pm	9:00am-5:00pm	
地點	大學體育中心	大學體育中心	大學體育中心	
後備日期	25/8 日 (三)	28/8 日 (六)	4/9 日 (六)	時間及地點相同

體育部網頁：

<http://www.peu.cuhk.edu.hk/>



Introduction of Physical Education(PE) Courses

Required PE Courses Requirements

- All **full-time undergraduates** are required to take one unit of PE course in the first and second terms respectively during their **first year of attendance (TWO units in total) except for Exercise Science and Health Education Majors and Physical Education, Exercise Science and Health Majors**;
- Students admitted with **Advanced Standing (AS)** and students admitted to **senior-year places (AD/HD)** are required to complete **one unit** of PE course either in the first **or** the second term during their **first year of attendance**;
- Students **cannot** take the **same course twice**, for example students enrolled in volleyball course in the first term are not allowed to take the volleyball course in the second term.

Tips for Enrolling Required PE Courses

- All new students (except AD/HD/AS) will be pre-assigned a dummy PHED1000 course (1 unit) under CUSIS before course registration in the **first and second terms** respectively during their first year of attendance. They are only allowed to swap the course from a PHED1000 under CUSIS, no add or drop is allowed;
- AD/HD/AS students could put ONE required PE course into the shopping cart each time, and can add or drop PHED course under CUSIS in the **first term**. In the **second term**, a dummy PHED1000 course will be pre-assigned to them if they have not enrolled any required PE course in the first term. They are only allowed to swap PHED course under CUSIS, no add or drop is allowed.

Course Registration for 1st Term Courses for New Full-time Undergraduates

- 31st August (from 10am [AD/HD/AS students] / 11am [Other new students] to 10pm) via CUSIS.

Special Arrangements for Medicine Senior-year Entrants

- Medicine or Nursing senior-year entrants should enroll in courses offered for them, i.e. course code with the alphabet M (e.g. PHED1018MA).

Assigning PE Courses

- Students who have not registered a required PE course (those with PHED1000) after the course registration period would be randomly assigned a required PE course;
- Students could check the assigned course on 2nd September on CUSIS;
- Students who cannot enroll in any required PE course and have NOT been assigned any PE course after course registration period will receive an email reminder from the PE Unit to attend the Supplementary Course Selection.

Supplementary Course Selection is offered to:

- Students who cannot enroll for any required PE course and have NOT been assigned any PE course after course registration period (these students will **receive an email reminder from the PE Unit**), or
- Students with a **computer assigned PE course** which has **time clashes with major courses** (please submit the relevant proof from your major department), or
- Students who are **not suitable to take the PE course** due to **medical or personal reasons** (please submit the medical certificate, if appropriate).
- **Date & Time** : 3rd September (Fri), 9:30am-11:00am
- **Venue** : University Sports Centre

Elective PE Courses Requirements

- For students who are interested in taking more PE courses apart from the required PE courses;
- Students **cannot** use the units earned in the elective courses to **replace the units of required courses**;
- The class section code of the elective courses contains alphabet "X", eg. PHED 1066X and PHED 1100XA;
- Courses offered: Yoga, Archery, Woodball, Tai Chi, Taekwondo, etc.;
- Students who wish to enroll in Intermediate PE courses must pass the screening test in the first lesson;
- Each student can only take **one** elective course **in a term**;
- Students **cannot** take the **same course twice**.

Tips for Enrolling Elective PE Courses

- While registering the PE courses under CUSIS, students could **only put ONE elective PE course** into the shopping cart each time. If the course chosen could not be registered for some reasons (e.g. full quota), students have to put another elective PE course into the shopping cart and repeat the registration procedures.

PE Uniform

- T-shirt : \$43
- Shorts : \$37 (Optional)
- Sales of PE uniform at CUHK (**3 days only**):

Date	24 Aug (Tue)	27 Aug (Fri)	3 Sep (Fri)	If typhoon signal no. 8 or above or the black rainstorm warning signal is hoisted, the sale of PE uniform will be postponed.
Time	9:00am-5:00pm	9:00am-5:00pm	9:00am-5:00pm	
Venue	University Sports Centre	University Sports Centre	University Sports Centre	
Reserve Day	25 Aug (Wed)	28 Aug (Sat)	4 Sep (Sat)	The venue and time will remain unchanged.

The website of PE Unit:

<http://www.peu.cuhk.edu.hk/>

