

香港中文大學體育部  
The Chinese University of Hong Kong  
Physical Education Unit

2018-2019 運動伙伴 Fitness Buddy  
申請表 Application Form

I. 個人資料 Personal Particulars

英文姓名 Name in English _____	中文姓名 Name in Chinese _____	性別 Sex _____
學生編號 Student I.D. No. _____	年級 Year of Study _____	書院 College _____
宿舍 Hostel _____	學院 Faculty _____	學系 Department _____
手提號碼 Mobile No. _____	電郵地址 E-mail Address _____	
你是 You are 本地生 Local Student <input type="checkbox"/> 內地生 Mainland Student <input type="checkbox"/> 國際生 International Student <input type="checkbox"/> 請在適當位置填上 <input checked="" type="checkbox"/> Please <input checked="" type="checkbox"/> in approximate box		

II. 運動背景 Background in Sports

為了能更有效地組合作伙伴，請填寫下列各項。 To pair up the buddies effectively, please fill in the following items.	請在適當位置填上 <input checked="" type="checkbox"/> Please <input checked="" type="checkbox"/> in approximate box.
1. 你在過往半年平均進行多少日運動? How often did you take part in sports in the past 6 months? 沒有 None <input type="checkbox"/> 每週一天 One day per week <input type="checkbox"/> 每週兩至三天 Two to three days per week <input type="checkbox"/> 每週多於三天 More than three days per week <input type="checkbox"/>	
2. 你較喜歡何時進行運動?(可選多於一項) When will you prefer playing sports? (you may choose more than one) 早上 Morning <input type="checkbox"/> 午飯時間 Lunch <input type="checkbox"/> 黃昏 Evening <input type="checkbox"/>	
3. 你較喜歡參與哪類型運動?(可選多於一項) Which type(s) of sports do you prefer? (you may choose more than one) <input type="checkbox"/> 球類運動，如足球、籃球或排球等 Ball games like soccer, basketball or volleyball etc. 可註明 Can specify _____ <input type="checkbox"/> 拍類運動，如羽毛球、壁球或網球等 Racket games like badminton, squash or tennis etc. 可註明 Can specify _____ <input type="checkbox"/> 帶氧運動，如跑步、游泳或單車等 Aerobic exercise like jogging, swimming or cycling etc. 可註明 Can specify _____ <input type="checkbox"/> 重量訓練 Weight training <input type="checkbox"/> 行山 Hiking <input type="checkbox"/> 其他 Others 請註明 please specify _____	

4. 你會選擇在哪兒進行運動?(可選多於一項)

Where do you like to play sports? (you may choose more than one)

校內 Inside the school           校外 Outside the school

5. 你現在有固定的運動伙伴嗎?

Do you have a buddy now?

是 Yes           否 NO

如是，請填寫下列伙伴資料。 If yes, please fill in the buddy's information.

伙伴一 Buddy 1

英文姓名 Name in English \_\_\_\_\_

中文姓名 Name in Chinese \_\_\_\_\_

學生編號 Student I.D. No. \_\_\_\_\_

伙伴二 Buddy 2

英文姓名 Name in English \_\_\_\_\_

中文姓名 Name in Chinese \_\_\_\_\_

學生編號 Student I.D. No. \_\_\_\_\_

伙伴三 Buddy 3

英文姓名 Name in English \_\_\_\_\_

中文姓名 Name in Chinese \_\_\_\_\_

學生編號 Student I.D. No. \_\_\_\_\_

Note:

1. The enrolment is on a first come first served basis.
2. PEU reserves the right in its discretion to accept or reject any enrolment applications.
3. PEU reserves the right to vary or modify any of the information, terms and conditions without any prior notification.

\*\* I declare that I am suitable to take part in physical activities and do not suffer from any illness that renders me unfit for the above mentioned activities. The Physical Education Unit shall not be liable for any injury or death, which I may suffer in the activities if the cause of injury or death is due to my own negligence or inadequacy in health and fitness.

簽署

Signature \_\_\_\_\_

日期

Date \_\_\_\_\_