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## **Guidelines on Using University Fitness Room**

Start from 8<sup>th</sup> January 2024, eligible valid users of the University fitness room are required to make reservations through the online facilities booking system. The details are as follows:

- 1) Only eligible individuals who hold the fitness room user permit issued by PE Unit are allowed to make a reservation for usage;
- 2) All users must present their CU Link Card for staff verification before entering the fitness room;
- 3) The fitness room's maximum number of users is 40;
- 4) Each session in the fitness room has a duration of one and half hour. All users should leave the fitness room when the session ends to accommodate the next set of users;
- 5) The user should present at the venue according to the reserved time. If the user fails to show up after 30 minutes of the booked session, the reservation will be cancelled and the venue will be released to another user;
- 6) If the number of users for the next session does not reach the maximum limit and users wish to continue using the fitness room, they must re-register through the online booking system at the entrance;
- 7) PE Unit reserves the right to cancel or close any venues that are not suitable for use based on reasonable reasons.



**Physical Education Unit** 

(Updated on) 17 January 2024

(Please scan it for PEU booking system)