<table>
<thead>
<tr>
<th>Item</th>
<th>目的 Purpose</th>
<th>地點 Venue</th>
<th>日期 Date</th>
<th>時間 Time</th>
</tr>
</thead>
</table>
| 1    | 網球課練習  
Tennis Lesson Practice | 中大網球場 3號場  
CU Tennis Court No. 3 | 逢星期五  
Every Friday | 4:00pm to 6:00pm |
|      |             | 中大網球場 4至5號場  
CU Tennis Court No. 4 to 5 | 逢星期五  
Every Friday | 12:00nn to 4:00pm |
|      |             | 中大網球場 6至7號場  
CU Tennis Court No. 6 to 7 | 逢星期二及四  
Every Tuesday & Thursday | 8:45am to 12:45pm |
| 2    | 壁球課練習  
Squash Lesson Practice | 中大壁球場 1至3號場  
CU Squash Court No. 1 to 3 | 逢星期三  
Every Wednesday | 4:30pm to 6:00pm |
|      |             | 中大壁球場 4至6號場  
CU Squash Court No. 4 to 6 | 逢星期五  
Every Friday | 12:00nn to 3:00pm |
| 3    | 羽毛球課練習  
Badminton Lesson Practice | 體育中心楊明標室內體育館  
CU Badminton Court No. 1 to 5,  
Yeung Ming Biu Indoor Sports Centre, University Sports Centre | 逢星期五  
Every Friday | 12:00nn to 3:30pm |
| 4    | 球課練習  
Basketball Lesson Practice | 新亞書院梁英偉體育館  
Leung Ying-wai Gymnasium,  
New Asia College | 逢星期二及四  
Every Tuesday & Thursday  
From 1 Nov to 29 Nov 2022 | 4:30pm to 6:30pm |
| 5    | 乒乓球課練習  
Table Tennis Lesson Practice | 聯合書院張煊昌體育館  
乒乓球室  
Table Tennis Room,  
Thomas H.C. Cheung Gymnasium,  
United College | 逢星期二  
Every Tuesday | 11:30am to 2:30pm  
*(11 Nov 2022 Practice Time will be changed to 1:30pm to 4:30pm) |
|      |             |             | 逢星期五  
Every Friday | 4:30pm to 6:30pm  
*(11 Nov 2022 Practice Time will be changed to 1:30pm to 4:30pm) |

*體育必修課程考試練習場地  
Required Physical Education Programme Pre- exam Practice Venue  
日期: 2022年10月31日至12月2日  
Within Period: From 31 Oct to 2 Dec 2022
<table>
<thead>
<tr>
<th>Item</th>
<th>目的 Purpose</th>
<th>地點 Venue</th>
<th>日期 Date</th>
<th>時間 Time</th>
</tr>
</thead>
</table>
| 6    | 乒乓球課練習 Table Tennis Lesson Practice | 逸夫書院室內體育及多用途館  
Indoor Multi-Purpose Sports Hall, Shaw College | 逢星期一及二  
Every Monday & Tuesday | 5:00pm to 7:00pm          |
|      |             | 聯合書院張煊昌體育館  
Thomas H.C. Cheung Gymnasium, United College | 逢星期二  
Every Tuesday | 12:30pm to 2:15pm          |
|      |             | 聯合書院張煊昌體育館  
Thomas H.C. Cheung Gymnasium, United College | 逢星期二  
Every Tuesday | 4:30pm to 6:00pm           |
| 7    | 手球課練習 Handball Lesson Practice | 聯合書院張煊昌體育館  
Thomas H.C. Cheung Gymnasium, United College | 逢星期一  
Every Monday | 4:30pm to 5:45pm           |
|      | 排球課練習 Volleyball Lesson Practice | 聯合書院張煊昌體育館  
Thomas H.C. Cheung Gymnasium, United College | 逢星期五  
Every Friday | 11:30am to 2:30pm          |

For items 1 to 3, student needs to show and leave the CU link card to the University Sports Centre Counter to borrow the related racket and tennis balls. For item 4, student needs to show and leave the CU link card to the Leung Ying-wai Gymnasium, New Asia College Counter to borrow the basketball. For items 5, 7, 8 student needs to show and leave the CU link card to the Thomas H.C. Cheung Gymnasium, United College Counter Counter to borrow the table tennis and table tennis racket, handball or volleyball. For item 6, student needs to show and leave the CU link card to the Indoor Multi-Purpose Sports Hall, Shaw College Counter to borrow the table tennis and table tennis racket.