To prevent infection by novel coronavirus, all the required and elective P.E. courses in 2020-21 Second Term will be delivered by mixed-mode. Regarding the P.E. courses assessment, students can choose either one of the following options:

1) Video / PowerPoint Presentation (40%) + Article (40%) + Attendance and Participation (20%); or
2) *Practical examination (with one skill item to be assessed)(40%) + Article (40%) + Attendance and Participation (20%); or
3) *Practical examination (with two skill items to be assessed)(80%) + Attendance and Participation (20%)

The practical examination of the P.E. courses will be scheduled on 4, 5, 11, 12 September 2021. If COVID-19 situation does not improve, PEU will announce on 20 August 2021 that the practical examinations will be POSTPONED to 20, 21, 27, 28 November 2021. Further announcement of all P.E. practical examinations CANCELLATION will be made on 5 November 2021 if the COVID-19 situation is still severe. Students will then have to submit video / PowerPoint presentation and article for their P.E. course assessment before 23:59:59 on 5 December 2021.

*i). For Physical Conditioning classes’ students, please select one from ‘1.5 /1Miles Run or Pull-ups/ Inclined pull-up’ and ‘Plank or Sit and Reach’ for the examination. For Tai Chi, Yoga or Modern Dance classes’ students, please perform series of movement or performance.

*ii). If students in Physical Conditioning, Tai Chi, Yoga or Modern Dance classes choose the second option, the examination will count for 40% of your assessment. If the students choose the third option, the examination will count for 80% of your assessment.