The Chinese University of Hong Kong
Physical Education Unit

Required and Elective Physical Education Courses Assessment in 2020-21 First Term

To prevent infection by novel coronavirus, the Chinese University of Hong Kong decided to conduct online teaching for all P.E. courses in 2020-21 First Term. Regarding the required and elective P.E. courses assessment, students can choose either one of the following options:

1) Video / PowerPoint Presentation (40%) + Article (40%) + Attendance and Participation (20%); or
2) *Practical examination (with one skill item to be assessed)(40%) + Article (40%) + Attendance and Participation (20%); or
3) *Practical examination (with two skill items to be assessed)(80%) + Attendance and Participation (20%)

The practical examination of the P.E. courses will be scheduled on 9, 10, 16, 17 January 2021. If COVID-19 situation does not improve, PEU will announce on 6 November 2020 that the practical examinations will be POSTPONED to 10, 11, 17, 18 April 2020. Further announcement of all P.E. practical examinations CANCELLATION will be made on 15 March 2021 if the COVID-19 situation is still severe. Students will then have to submit video / PowerPoint presentation and article for their P.E. course assessment before 23:59:59 on 18 April 2020.

*). For Physical Conditioning classes’ students, please select one from ‘1.5 /1Miles Run or Pull-ups/ Inclined pull-up’ and ‘Plank or Sit and Reach’ for the examination. For Tai Chi, Yoga or Modern Dance classes’ students, please perform series of movement or performance.

*ii). If students in Physical Conditioning, Tai Chi, Yoga or Modern Dance classes choose the second option, the examination will count for 40% of your assessment. If the students choose the third option, the examination will count for 80% of your assessment.